

March is Colon Cancer Prevention Month

Get screened, get rewarded!



According to the CDC, if everyone 50 years of age or older were screened regularly for colon cancer, as many as 60% of the associated deaths could be prevented. Kentucky Employees' Health Plan (KEHP) members, who are 50 or older, are awarded 400 Vitality Points™ per preventative screening through HumanaVitality.

Here's how:

- Simply schedule your preventative screening with your Humana health care provider.
- A record of your screening will automatically populate in HumanaVitality through the claims process.

Please note, based on the timing of claims data submission by providers, points may take a few weeks to upload in the HumanaVitality system.

If your screening is taken at a non-Humana provider, you can still claim the Vitality Points you've earned through an easy form submission process:

- Go to the Health Profile tab on your personal HumanaVitality page, and select the Submit Form option.
- Choose the appropriate form from the dropdown list.
- The form and proof of your screening can be submitted electronically, via fax or by mail.

Learn more about preventing cancer at

